NIHFW Newsletter

The National Institute of Health and Family Welfare

October to December 2025

Dr. Sunil Vilasrao Gitte
Director, NIHFW

Dear Readers,

It gives me pleasure to present this edition of the NIHFW newsletter. The institute remains committed to excellence in capacity building, research, training and community outreach. During the third quarter, NIHFW successfully conducted around 25 training courses in areas such as hospital management, patient care management, cold chain and vaccine management, medical oxygen system and research writing. These programmes will contribute significantly to building a skilled, responsive and future-ready health workforce.

We conducted a knowledge-enriching interactive session in collaboration with Gupta-Klinsky India Institute (GKII) at Johns Hopkins University on "Systems Thinking through Friday Night at the ER" for MPH, PhD, and MD batches. Through this session, students engaged in a hands-on exercise illustrating how interdependent decisions affect outcomes across a health system.

Our engagement in national initiative of MoHFW "Swasth Nari Sashakt Parivar Abhiyan". Students and faculty did a field visits promoting awareness on nutrition, obesity, maternal and child health and healthy lifestyle. Such outreach activities plays important role in bridging the gap between academic learning and real-world public health practice.

This quarter we bid farewell to our outgoing batches of PGDPHM, DHA, and MD students, I extend my congratulations and best wishes to them. They will carry forward the values, knowledge and professionalism nurtured at NIHFW and make meaningful contributions to the nation's health system.

Let us continue to work together with renewed commitment to promote excellence in public health education, training and service.

EVENTS AT NIHFW

TRAININGS

During the period of October to December, NIHFW conducted multiple training programmes and continued to strengthen capacity-building efforts across the public health sector. A total of 25 training sessions, in which around 900 professionals from diverse backgrounds and states participated, including healthcare providers, programme managers, academicians, technical professionals, and NIHFW staff. A major highlight of this 3rd quarter was the 3-day Master Trainers' Training (Phase II) under Rastriya Karma Yogi Large Scale Jan Seva Programme for officials from various organizations under MoHFW, along with six one-day training batches staff, covering all levels from MTS to Professors. Several thematic and technical training programs were conducted aimed at enhancing service delivery and professional competencies. These included training courses on Patient Care Management and Welfare, Training Course on Bioethics and Good Clinical Practices, Scientific Writing in Health Research, Nursing Management for Senior Nursing Professionals, Soft Skills for Healthcare Providers, and Health System Management, Operation and Maintenance of Medical Oxygen Equipment, Training cum Data Review Workshop on NCCMIS, Training of Cold Chain Technicians on repair and maintenance of ILR, DF & Voltage Stabilizer at NCCVMRC addressing both technical and human centric aspects of healthcare delivery.

WORKSHOP

The institute conducted important review and coordination meetings, including meetings and data review workshops related to National Commissions for Allied and Healthcare Professions (NCAHP) and NCCMIS, strengthening monitoring, evaluation and data-driven decision-making at the state and national levels. In the 3rd quarter, NIHFW collaborated with University College of Medical Science (UCMS) to organiz a workshop titled "Ethics with Heartbeat: Narrative and Poetic Routes to Professionalism in Medicine" under leadership of Prof VK Tiwari, Dean NIHFW and Dr. Dheeraj Shah, Principal at UCMS. The workshop explored innovative narrative and poetic approaches to ethics in medical practice, encouraging reflective thinking, empathy and professionalism among healthcare educators and practitioners.

OUTREACH ACTIVITIES

Ministry of Health and Family Welfare organized a nationwide health initiative 'Swasth Nari Sashakt Parivar' from 17th September to 2nd October 2025 with a focus on women's and child development. NIHFW participated in this community outreach programme, which benefitted around 1000 individuals. As part of this initiative, students from the MPH batch conducted community visits to Moti Lal Nehru Camps where they undertook nutritional screening and organized awareness sessions along with pamphlet distributions on public health themes, including menstrual hygiene, breast cancer awareness, balanced diet and healthy eating habits. Students also visited PM Shri Kendriya Vidyalaya, NMR, JNU Campus, engaging with school children through interactive health talks on nutrition, WASH,

oral health, and mental well-being and obesity. In addition, multiple health screening services were provided during the campaign, including NCD screening, hearing camps, eye and dental check-ups Camps, pulmonary function tests, bone density examinations and nutritional surveys contributing to early detection and preventive healthcare. Tobacco Free Youth Campaign 3.0. NIHFW extended its support to the launch of Tobacco Free Youth Campaign 3.0, a national initiative aimed at empowering young people to make informed choices and lead tobacco-free lives. The campaign emphasized awareness, prevention and youth engagement, reinforcing the message of saying No To Tobacco and Yes to Healthy Life.

GUEST LECTURE

On October 13, 2025, National Institute of Health and Family Welfare (NIHFW) partnered with the Gupta-Klinsky India Institute (GKII), Johns Hopkins University (JHU) to host "Systems Thinking through Friday Night at the ER" at the NIHFW campus in New Delhi.

The workshop was led by Dr. Cyrus Engineer, DrPH, Distinguished Professor of the Practice at the Johns Hopkins Bloomberg School of Public Health; Dr. Shweta Jindal, MD, MPH, Chief of Party at Johns Hopkins India Private Ltd; and Aman Mohan Mishra, Director, Training and Stakeholder Engagement at Johns Hopkins India Private Ltd. A total of 46 NIHFW students from MPH, PhD, and MD programs participated.

Through the Friday Night at the ER simulation, participants engaged in a fast-paced, hands-on exercise illustrating how interdependent decisions affect outcomes across a health system. The session emphasized collaboration, innovation, and data-driven management, helping participants translate theory into practical systems thinking and leadership skills.

Participants described the experience as eye-opening and deeply relevant to real-world public health challenges. "It not only strengthened our teamwork but also tested our priorities," said Shruti Manmode, MPH student. Melody Lalenkawl Pudaite added, "The workshop combined theory, fun, and hands-on learning. It reminded me that teamwork is easier said than done, but it's what makes or breaks public health."

FAREWELL

NIHFW bid farewell to the PGDPHM Batch (2024–25), DHA Batch (2023–25), and MD students. The event marked the successful completion of their academic journey at the Institute and celebrated their contributions, achievements, and readiness to take on leadership roles in public health and healthcare management.

FORTHCOMING TRAINING COURSES

S. No.	Name of Training Course	Dates	Course Coordinator
1	Training of Cold Chain Technician on Repair and Maintenance of Walk-In- Coolers (WIC) and Walk-In-Freezers (WIF), at NCCVMRC, NIHFW	Jan 5 – Jan 10, 2026	Renu Shahrawat
2	32nd Training Courses on Vaccine and Cold Chain Management for Program Mangers (T-VaCC)	Feb 2 – Feb 6, 2026	Renu Shahrawat
3	Training Course on Occupational and Environmental Health for Health Professionals	Feb 23 – Feb 27, 2026	Nanthini Subbiah
4	Training Course in Gender based Violence and Human Rights for Promoting\Women Health	Feb10 – Feb 13, 2026	Meerambika Mahapatro
5	2nd Training of Cold Chain Technician on Repair And Maintenance of Solar Cold Chain Equipment (Battery Driven & Solar Direct Drive)	Feb 10 – Feb 12, 2026	Renu Shahrawat
6	Training Course on Research Methodology for Nursing Professionals	Feb 16 – Feb 21, 2026	Nanthini Subbiah
7	8th Training Course on Bioethics and Good Clinical Practices (GCP)	Feb 23 – Feb 25, 2026	Rajesh Ranjan
8	Training Course on Capacity Building for Health Professionals in Risk Management and Community Engagement (RCCE)	Mar 18 – Mar 20, 2026	Rajesh Kumar
9	Training Course on Capacity Building of Staff Workers at Healthcare Facilities for Basic Reproductive Biomedicine Techniques	Mar 23 – Mar 27, 2026	Rajesh Kumar

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Health and Population:
Perspectives and Issues
A Journal of the NIHFW. Available online at
www.hppi.in

Printed and Published on behalf of the Director at:
The National Institute of Health and Family Welfare (Ministry of Health and Family Welfare, Government of India)
Baba Gangnath Marg, Munirka, New Delhi-110067
Readers may send in their feedback to the Editor.
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